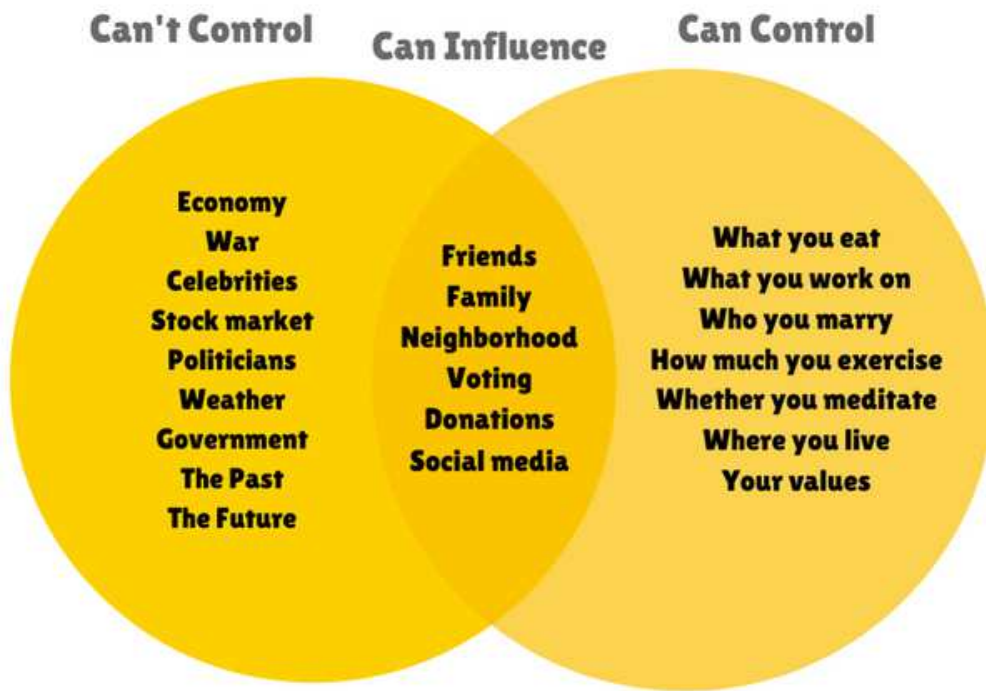


Circle of Concern vs Circle of Influence

The Circle of Concern, Circle of Control, and Circle of Influence are concepts to help understand what we *can* and *can't* control. These concepts come from Stephen Covey's 1989 book 'The 7 Habits of Highly Effective People'.



Circle of Concern

- Things you're interested in, but **can have no impact on**
- Avoid devoting attention to issues here

Circle of Influence

- Issues you can have **some amount of influence** over
- Devote some attention here, but know that you can't control the outcome

Circle of Control

- Issues you have **full autonomy** over
- Typically, these are limited to choices you make about yourself
- Focus your attention here